



**Adult AD/HD Groups North East Support  
Groups North East UK**

<http://aadhd-ne-uk.weebly.com/>

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**Our Next Meeting in Middlesbrough will be held on  
TUESDAY 5th OCTOBER 2021 | 6 to 8 PM**

**NEW:** Langdon Square Community Centre Coulby Newham, Middlesbrough TS8 OTF



Thanks to Gordon Williams\*, one of our long term allies in Middlesbrough, we will be joining in with his new Neuro Key meetings at a **new venue** in Coulby Newham on the first Tuesday of every month! This gives us a fantastic opportunity to discuss the interrelationships between AD/HD and all the other neurodiverse comorbid conditions that can occur, including ADHD, ASD, PTSD, Brain injury, FASD, Tourett's etc

The venue sounds great and there's a big free car park. As usual, everyone is welcome who has an interest in ADHD etc, including carers, family members, professionals working in the field etc. For further information about the venue, or Neuro key, an alliance supporting people with neurological conditions (established by Gordon) email [neurologicallychallenged@hotmail.com](mailto:neurologicallychallenged@hotmail.com)

facebook page @NeurokeyTVDNY And please check out Gordon's amazing blog

<https://neurologically-challenged.co.uk/hiding-neurodiversity-in-plain-sight-a-lifetime-of-masking-suppressing-and-acting/>

Details about this and our other regional meetings in October (Durham and South Shields) are also on our website.